



**MOBILITY
FOR ALL**



ROMP
Range of Motion Project

**2023 VOLUNTEER
PROGRAMS CATALOG**

ROMP is an international non-profit organization dedicated to delivering functional, high quality prostheses and rehabilitation to underserved people with amputation. We offer support throughout their mobility journey, helping them to reclaim their autonomy and re-immense themselves into society.

We operate permanent clinical programs in Guatemala, Ecuador, and the United States, and our volunteer programs play a key role in each country of operations. Volunteers work alongside local practitioners to provide prosthetic care to our most vulnerable patients, exchanging knowledge and skills along the way.

You are invited to volunteer with us in either Guatemala or Ecuador in 2023. We know you will find this experience immensely fulfilling, as you serve on the frontlines of our fight for a more just world, one in which there is mobility for all.



“Volunteer programs deliver quality prosthetic care to our patients, create meaningful opportunities for our staff’s professional growth, provide unforgettable experiences for our volunteers, and strengthen human bonds between countless individuals across international borders.”

-David Krupa, ROMP Founder and Executive Director

ROMP 2023 Volunteer Programs

10-19 February	Guatemala	Clinical
24 March-2 April	Ecuador	Clinical
14-23 April	Guatemala	Clinical
19-28 May	Ecuador	Innovation Only Colorado State University
7-16 July	Ecuador	Clinical
21-30 July	Guatemala	Clinical
2-10 September	Ecuador	Clinical Only Loma Linda University
13-22 October	Guatemala	Clinical
10-19 November	Ecuador	Clinical

ROMP UPDATES

ROMP in Guatemala

We are excited to have created the highest-impact prosthetics clinic and community-based rehabilitation program in Guatemala

ROMP is the leading provider of prosthetic care and community-based rehabilitation in the country of Guatemala. In 2022, we made a complete transition from our former location in Zacapa to a world-class facility in Guatemala City. In less than two months, our expert clinical team began providing the full range of prosthetic care, while our veteran community team continued to accompany patients through the pre- and post-prosthetic phases of their rehabilitation. This move broke-down barriers to access, allowing us to expand our services in Guatemala. Volunteers played a key role by helping us refine the layout of our clinic while providing the highest-quality care to our most vulnerable patients.

[There is still much to be done - join the fight by serving with us in Guatemala](#)

ROMP in Ecuador

Leading the field in prosthetic care for access-limited people with amputation in Ecuador

In early 2022 ROMP launched a new clinic in Quito allowing our local team and international volunteers to drive a significant increase in prosthetic care. We have expanded our mobile clinic visits to new parts of the country, including the Ecuadorian Amazon. With its fully equipped facility and top-tier team, ROMP-Ecuador manifests the value of human dignity. Volunteers worked with our Ecuadorian clinicians to inaugurate our new clinic and provide patients with the care they deserve.

[Check out the 2023 innovation and clinical volunteer programs in Ecuador](#)

Components for a Cause (C4C)

The largest prosthetic component recycling center in North America

C4C is a synergy of our core values at ROMP: human dignity, empowerment, community, and sustainability. We source our clinical operations with components that have been donated, processed, and exported for use with our patients. Our full-time warehouse staff has established rigorous processes to verifying the quality of every item that leaves our facility allowing our clinics to be fully stocked to serve patients year-round. As a volunteer, you will see first-hand how this program gets the leading technology to the most vulnerable patients in the Western Hemisphere.

[Click here for more information on how to donate components through C4C](#)





ROMP Clinical Volunteer Program

For Prosthetists/Orthotists, Physical Therapists, Occupational Therapists, Physiatrists, Engineers, and Designers of all Levels of Experience

In our Guatemala volunteer programs, participants care for Guatemalans with amputation and exchange knowledge with local clinicians in the heart of Guatemala City. Volunteers accompany patients through the steps of evaluation, casting, delivery, and post-prosthetic care. They also help to facilitate the continual improvement of our clinic and staff. Through each volunteer program, we aim to empower both patients and staff to achieve their full human potential.

Overview

Volunteers will arrive at the Guatemala City airport, where they will be picked up and shuttled to the Hotel Vista Quince in a private bus.

Volunteers and ROMP staff will start each day with a full breakfast and then walk a short distance to the clinic. Volunteers will meet ROMP staff and receive a tour of the new clinic. The first two days of the clinical week will focus on evaluating, casting, modifying, and providing pre-prosthetic therapy

to patients. The next two days will focus on continued modification and fabrication, and the final two days will focus on delivering, training, and providing post-prosthetic therapy to patients.

Each day, volunteers will enjoy a lunch catered by a ROMP patient, along with a talk on a key topic relevant to patients, staff, and volunteers. Volunteers are welcome to lead one of these “Lunch & Learn” session. Let us know if you are interested! Frequent topics include:

- Clinical techniques and case studies
- Community-based rehabilitation
- Guatemalan public health system
- Personal experiences with amputation
- ROMP advocacy and continued involvement

Following the clinical week of the program, the group will experience the beautiful country, interesting history, and incredible culture of Guatemala through local tourism in the Guatemala City and Antigua areas. They will have the opportunity to do a bit of shopping, too!

Volunteers will be shuttled to the airport on time for their flight out of Guatemala.



“The volunteer program has allowed me to connect with hundreds of other volunteers over the years which has made me a better practitioner. Getting to know and work with patients from other cultures has made me a better person, with a more global perspective.”

– Eric Neufeld, Agile Orthopedics



Itinerary

The agenda for this program is the following:

- Day 1 Arrival to Guatemala City
- Day 2 Welcome, Patient Evaluations, Casting, Physical/Occupational Therapy
- Day 3 Patient Evaluations, Casting, Physical/Occupational Therapy.
- Day 4 Fabrication, Deliveries, Training
- Day 5 Fabrication, Deliveries, Training
- Day 6 Deliveries, Training
- Day 7 Deliveries, Training, Closing Activity
- Day 8 Tour of key sites in the Guatemala City area
- Day 9 Tour of key sites in the Antigua area
- Day 10 Departure from Guatemala City

2023 Program Dates

- 10-19 February
- 14-23 April
- 21-30 July
- 13-22 October

Cost

The program fee is \$1,800 per volunteer, and includes all in-country transportation, food, lodging, coordination, and materials in Guatemala. Volunteers are invited to use our Classy fundraising platform to fundraise with family, friends, and colleagues.

Accommodations and Ground Transportation

[Hotel Vista Quince](#)

2 Calle 20-23, Zone 15, Guatemala City

+502 2227 5115

Type of room: Double

All in-country ground transportation is made via private shuttle arranged by ROMP Global.

 [Apply online today](#)



“The 2022 Guatemala city ROMP volunteer trip was incredible. The team came together in a newly opened clinic with collaboration and creativity. Our patients taught us much about their lives and resilience as we committed our work and talents to serve them. I believe we all returned home changed, with new dreams and connections to inspire us forward.”

– Sue Ladley, M.D., Physiatrist

HELP FROM THE HOME FRONT

Make the Most Out of Unused Components

ROMP is a global nonprofit organization dedicated to providing prosthetic care to those without access to this service. Gently used prosthetic components have tremendous value for patients in need.

We are currently accepting the following types of donations.

- Feet
- Liners
- Knees
- Supplies
- Socks
- Modular components
- Entire prostheses

How You Can Help



Collect items that have accumulated in your storeroom / that are not billable, or set up a collection bin in your office.



Securely box up items for shipping to ROMP headquarters.



Request your free FedEx shipping label on the C4C website or by emailing C4C@rompglobal.org.

To donate prosthetic components, visit rompglobal.org/components-for-a-cause to request a shipping label.

“Our team of 30 US volunteers fit more than 40 amputees with prosthesis. The program was so well run that the amputees then received intensive physical therapy to safely use their devices. After an intense week, each and every one of the amputees had a new future with improved function and mobility. Their smiles and gratitude was indescribable, often bringing tears to our eyes.”

– Raneesh Sheno, M.D., Psychiatrist



ROMP Clinical Volunteer Program

For Prosthetist/Orthotists, Physical Therapists, Occupational Therapists, Physiatrists, Engineers, and Designers of all Levels of Experience

In our Ecuador volunteer programs, volunteers serve in the Andean city of Quito, providing integrated care alongside Ecuadorian practitioners. Volunteers work in interdisciplinary teams that take patients from casting to delivery in a matter of days. Practitioners have unparalleled access to prosthetic components and clinical coaching. Each volunteer program helps our patients and staff move the needle forward on mobility equity.

Overview

Volunteers will arrive at the Quito airport and will be shuttled to the Hotel de la Mancha via private shuttle. Each day volunteers and ROMP Ecuador staff will get started with a full breakfast and then make a brisk walk from the hotel to the ROMP Clinic.

During the first two days in the country, volunteers will have the chance to get to know the people they have come to serve. They will be given a tour of the city of Quito and the surrounding mountains.

Upon the start of the clinical week, volunteers will get to know the ROMP staff and other in-country partners, and receive a tour of the clinic. The first two days in the clinic will focus on evaluating, casting, modifying, and providing therapy to patients. The next two days will focus on continued modification and fabrication, and the final two days will focus on delivery, training, and providing therapy to patients. There will be an end-of-week delivery activity to acknowledge the achievements of the clinical week.

Each day, volunteers will enjoy a lunch catered by a local restaurant, along with a talk on a key topic relevant to patients, staff, and volunteers. Volunteers are welcome to lead one of these “Lunch & Learn” Session. Let us know if you are interested! Frequent topics include:

- Clinical techniques and case studies
- Community-based rehabilitation
- Product development and testing
- Personal experiences with amputation
- ROMP advocacy and continued involvement

Volunteers will be shuttled to the airport on time for their flight out of Ecuador.



“I look forward to ROMP volunteer trips every year. These trips continue to validate my passion for working with amputee patients and I learn new skills each year that I can take home with me and become a better practitioner. The motivation and energy from all the volunteers on the trip is palpable. The feelings in the clinic when a patient takes their first steps is overwhelming in the best way possible.”

**– Sarah Vengrove, PT,
Agile Orthopedics**

Itinerary

The agenda for this program is the following:

- Day 1 Arrival to Quito
- Day 2 Tour of Quito city
- Day 3 Hike in Andean mountains
- Day 4 Patient Evaluations and Castings;
Physical/Occupational Therapy
- Day 5-6 Modification, Fabrication, and Assembly of Devices
- Day 7-8 Fitting, gait training, and continued assembly of prostheses;
Physical/Occupational Therapy
- Day 9 Free time in Quito
- Day 10 Departure from Quito

2023 Program Dates

24 March-2 April

7-16 July

10-19 November

19-28 May Only Colorado State University

2-10 September Only Loma Linda University

Cost

The program fee is \$1,800 per volunteer, and includes all in-country ground transportation, food, and lodging in Ecuador. Volunteers are invited to use our Classy fundraising platform to fundraise with family, friends, and colleagues.

Accommodations and Ground Transportation

Hotel la Mancha

La Coruña, Valladolid N24-562, Quito

+593 99 770 3925

Type of room: Double

All in-country ground transportation is made via private shuttle arranged by ROMP Global.

 [Apply online today](#)



“Our experience was fantastic. It was amazing to work shoulder to shoulder with people we’d never met before and have such a sense of community and shared purpose. My biggest takeaway is that everyone can make a difference irrespective of your age, your experience or your level of expertise. There’s always a way to help. There’s always a way to be involved and to show that you care.”

– Daniel Grant, PhD

DETAILS

Enrollment is easy! [Click to get started](#)

What is the process of signing-up and preparing for a program?

Once you have selected a program, please [complete the online application at this link](#). We will review your application and if you are selected, we will send you a link to Classy where you will register with a \$100 deposit, which counts towards your total program fee and formally enrolls you in the program. From that point forward you can use your Classy campaign to fundraise. You will receive a confirmation email with instructions on how to prepare for your trip. One month before your trip, you will receive an invitation to a pre-departure call during which we discuss the final details of your trip and answer any questions you might have.

How does my program fee work?

ROMP charges all volunteers a program fee of \$1,800, which covers all in-country transportation, lodging, food, components, and operating costs. Through Classy, you can create a campaign to fundraise for the cost of your program. Invite your family, friends, and colleagues to make a tax-deductible donation through your Classy campaign or by mailing a check to ROMP at the address below. You can fundraise through your Classy campaign until one week prior to your departure date, at which point you will need to pay the remaining balance by check. Any amount raised beyond the program fee will be donated to ROMP to help more patients.

If you chose not to fundraise via Classy, the first half of your program fee is due two months prior to your program departure date, and the remaining half is due one week prior to departure. You can make this payment by check to Range of Motion Project at the address below. Please make sure that all checks for your program fee list your name in the memo line.

Range of Motion Project, NFP
PO Box 100915
Denver, CO, 80250

How do my flights for my program work?

You are responsible for purchasing your own round-trip airfare for your program. For all Guatemala programs, you should arrive to Guatemala City La Aurora International Airport (GUA) by 11:30 pm on the first day of your program, and you can leave the same airport anytime on the last day of your program. For all Ecuador programs, you should arrive to Quito Mariscal Sucre International Airport (UIO) by 11:30 pm on the first day of your program, and you can leave the same airport any time on the last day of your program.

What tools, materials, or components should I bring?

Volunteers are welcome to bring their own tools if they desire, but all programs are fully-equipped in-country with the necessary tools, materials, and components. Each volunteer will be asked to carry a small load of components in their luggage for use in the program. **We encourage volunteers to ask the ticketing agent if the airline will waive the baggage fee for their components considering that they are for a humanitarian cause.** If they do not, ROMP will reimburse volunteers for the cost of one standard checked bag. Please remember to stay within airline baggage weight restrictions as overweight bags incur a significant cost.



DETAILS

What should I pack?

Volunteers should pack comfortable, casual clothing for use in the clinical activities - scrubs and/or t-shirts are welcome, closed-toed shoes are a must. For all Ecuador programs, volunteers should pack some clothes for cool mornings and evenings, and for all Guatemala programs volunteers should pack clothes for heat. Bring a swimsuit and flip flops, as well as an outfit to go-out in the excursion part of the trip. Volunteers should bring sunscreen, bug spray, and any medicines they need for the duration of the program. We recommend that you do not bring large amounts of cash but instead withdrawal cash from ATMs in-country, as needed.

What happens if I have to cancel my trip?

In the case that you can no longer serve in the program in which you have enrolled, you should inform us via an email to volunteerprograms@rompglobal.org If you wish to change to a future program, we will send you a note of credit that counts towards that program fee. If you do not wish to serve in a future program, we can reimburse any check payment that has been made up to one month before departure date. The \$100 enrollment deposit is non-refunded. Donor contributions are non-refundable if smaller than \$100.

What impact does COVID-19 have?

ROMP has put safety protocols in place in all of our locations, including; PPE, mask mandates, sanitation protocols, and limiting number of people in the clinic. Our volunteer programs will have a smaller number of people to minimize exposure and risk. We ask our patients and staff to all wear masks and we will expect volunteers to wear masks as well. For more COVID FAQ's visit our [website](#).



“Volunteering with ROMP Guatemala was the best decision I’ve ever made. As a resident, I got to be hands-on with the patients and the entire fabrication process. The patients’ resilience, positivity, and motivation were infectious, and they reminded me exactly why I joined this field and continue to show up every single day.”

– Annie Gibbs, ATC, OP Resident, Baylor College of Medicine

ROMP

Range of Motion Project

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LET'S KEEP IN TOUCH

rompglobal.org

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